



Integrated Health Care
 1045 James Street, Syracuse, NY 13203
 Family Health Center: (315) 413-7865
 Behavioral Health Center: (315) 472-4471



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Need immediate support?

LIBERTY RESOURCES Our crisis teams are here to help.

1-855-778-1900

Adult Peer Support Line
 Non-emergency phone support from someone who's been there.

Adult Crisis Respite
 Wellness at your home away from home.

Adult & Youth Mobile Crisis
 Rapid, in-person response when you need it most.

Additional Mental Health Services Available

- Helio Health (315) 471-1564
- St. Joseph's Outpatient Mental Health (315) 703-2700
- ARISE (315) 671-2955
- Psychological Healthcare (315) 670-4177

Additional Substance Use Treatment Services Available

- Conifer Park Outpatient (315) 453-3911
- Helio Health (315) 471-1564 x120
- Crouse 315-470-8304
- Syracuse Recovery Services (315) 475-1771

24 Hour Helplines:

Liberty Resources Crisis Line	(855) 778-1900
Contact 24 hour Hotline	(315) 251-0600
ACCESS 24 hour Hotline for children	(315) 463-1100
National Suicide Prevention Lifeline	1-800-273-8255
Crisis Text Line	Text GOT5 to 741741

Emergency and Crisis Contacts

- Comprehensive Psychiatric Emergency Program (CPEP)
 301 Prospect Avenue (315) 448-6555
- SUNY Upstate Emergency Department
 750 East Adams Street (315) 464-5540
- SUNY Upstate at Community Campus Emergency Department
 4900 Broad Street (315) 470-7111

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