

## What are Adult Behavioral Health Home and Community Based Services (BH HCBS)?

Adult BH HCBS are recovery and wellness services for people with mental health and/or substance use disorders. People can get these services right in their homes or communities.

BH HCBS provide support that helps a person achieve the things they want such as a better social life, employment, or education.

BH HCBS are available for people 21 and over who are enrolled in a Medicaid Managed Care Health and Recovery Plan (HARP) and found eligible after a short assessment.

People enrolled in a Special Needs Plan (SNP) may also be eligible for BH HCBS.

## A plan for ALL your care.

Health And Recovery Plans (HARPs) are Medicaid Managed Care plans that pay for your physical and behavioral health care. HARP staff, who specialize in behavioral health (mental health and substance use), are available to listen and work with you.

# Adult Behavioral Health Home & Community Based Services



Call your Medicaid Health and Recovery Plan to find out more and how to get access to Adult Behavioral Health (BH) Home and Community Based Services

Your local provider:



**LIBERTY**  
RESOURCES

1045 James Street  
Syracuse, NY 13203  
315-425-1004



Department  
of Health

Office of  
Mental Health

Office of Alcoholism and  
Substance Abuse Services



# Behavioral Health

Home and Community Based Services can help you achieve your life goals and be more involved in your community.

For example, these services help people with:

## Independence

*Daily Living and Social Skills*

- Gain or regain life skills like making social connections or budgeting
- Learn how to advocate for yourself and negotiate relationships
- If needed, get treatment and rehabilitation services in your own home

## Education and Employment

- Individual Employment Support
  - Choice of employment goal and benefits counseling
  - Support in finding and keeping a job
  - Support to help you stay on the job and start career planning
- Education support to start, return to, or graduate from school to learn skills to get or keep a job

## Managing Crises

*Crisis Respite Services help you manage mental health and substance use crises in a safe environment.*

- Come to a safe place to stay in the community and be supported by people who also have lived experience with mental illness and substance use disorders
- Learn coping skills and how you might be able to prevent crises in the future

## Peer and Family Supports

*Get help from people who have been there*

- Get support from people who are in recovery
- Give your family and friends the knowledge to help support you