



Cameron Farash, M.S.W., Program Coordinator

My name is Cameron and I'm the program coordinator of the Recovery Support Navigator team. This program is aimed at providing support, education, and linkage to services for people suffering from drug addiction. I'm a clinical social worker and peer specialist, and am trained in the WRAP model as well as DBT. And both have been major tools in my own recovery.

Previously, I worked at a local all-peer run crisis respite house. I am deeply passionate about the peer model as it focuses on promoting recovery, empowerment, and hope. We will use the model of recovery which includes mutual relationship based on respect and being non-judgmental, self-determination, instilling hope, personal responsibility, respectful challenging if needed, strength-based and empowerment.

I believe recovery not only means recovering what may have been effected by one's mental health and/or addiction challenges, but it also means allowing one's wings to take off and thrive like never before. Our Recovery Support Navigator team looks forward to helping you – whether you're an individual in need of support or a family member who wants help with a loved one's recovery.

"The goal of recovery is not to become normal. The goal is to embrace the human vocation of becoming more deeply, more fully human." –Patricia Deegan



Natalie Black, Certified Recovery Peer Specialist

My name is Natalie and I just celebrated 30 years in long term recovery, however I did not do this alone and it did not happen overnight. I believe I have the disease of addiction (Substance Use Disorder) which was ignited at a very young age. Looking back to the beginning I can truly understand the saying, "One is too many and 1,000 is never enough." I never used just one of anything and know nothing about the word moderation. My addiction progressed very quickly and after years of using I found myself jobless, homeless, penniless, weighing 90 pounds, and hospitalized. This was very dangerous for me as my healthy body weight is 140 pounds. They told me in the hospital if I continue to use I was going to die.

I felt very hopeless and afraid. I couldn't not imagine myself ever living without drugs. I went from the hospital straight to inpatient rehab for 28 days. I found a support system in the 12 step community and I got a sponsor. I put my recovery first in my life before anything else because without recovery I have nothing. I have watched this disease destroy many lives. I have also watched the miracle of people just like me recovering every day. This has inspired me to become a Peer Advocate.

I feel that sharing my experience, strength, and hope with others that I can bring hope. As I have learned there are multiple pathways to recovery. As a Recovery Support Navigator, we help support you to find your pathway. We help link you to the supports in the community you need to move forward in your life.

Give yourself a break and give us a call.



Brett Henry, Family Support Specialist

My name is Brett. I have a degree in psychology and education. I have been trained and certified in DARS and mental health first aid as well. I have personal experience within the family unit of the devastating relentless impact of addiction, which is what led me to want to work with and support families struggling with a similar situation.

I have a unique background in the field of addiction that has spanned over 20 years. I have been the point person for an adult residential-based recovery facility and crisis center that focused on individual and families in immediate crisis, advocated with and alongside the homeless population struggling with multiple barriers, and

worked to facilitate prevention and recovery with the youth and adolescent population in a school based setting.

Substance use disorder not only affects the individual caught in its grasp but can have a crippling and devastating impact on families as well. My goal is to create a person centered approach that focuses on empowerment and building resilience for all families through compassion, integrity, education, emotional validation, and self-care, while working to break down the barriers and stigma of addiction in order to support family recovery and wellness.



Katie Beckler, Peer Advocate

My name is Katie. I am a recovering addict with several years of sobriety. What I needed when entering recovery was someone who believed in me until I could believe in myself and that's exactly what Recovery Support Navigators do.

Since finding recovery I chose to go back to school for addictions counseling. I will graduate from MCC with an associate's degree in Applied Sciences in December of this year. I also recently applied for my CASAC-T and my next goal is obtaining my CRPA.

There is nothing I am more passionate about then recovery and giving back what was so freely given to me. I believe each person is fully capable of finding and achieving recovery. Through sharing my own personal experiences and working collaboratively with others, my hope is to help as many people as I possibly can. "what lies behind us and what lies before us are tiny matters compared to what lies within us". – Ralph Waldo Emerson