

COMMUNITY RESOURCES

The Monroe County Office of Mental Health (MCOMH) is committed to improving the health and quality of life of county residents who are affected by mental illness, developmental disabilities, alcohol and other drugs. <http://www2.monroecounty.gov/mh-index.php>



[NAMI Rochester](#)



[ROCOvery Fitness](#)

NCADD-RA

National Council on Alcoholism
and Drug Dependence - Rochester Area

[National Council on Alcoholism &
Drug Dependence – Rochester
Area](#)



**Office of Alcoholism and
Substance Abuse Services**

[Office of Alcoholism and
Substance Abuse Services](#)



LORI DRESCHER
RECOVERY COACH SERVICES & TRAINING

Private Family / Private Individual
Recovery Coaching

CCAR Recovery Coach Training

www.RecoveryCoachUniversity.com

Support Groups for People Suffering From Addiction



[Alcoholics Anonymous Meeting List](#)



[Narcotics Anonymous Meeting List](#)



[SMART Recovery](#)

Family Support Groups



[Al-Anon Family Groups](#)



[Al-Ateen Family Groups](#)

Family Support Groups Continued



[Nar-Anon Family](#)



[Partnership For Drug-Free Kids](#)



[SMART Recovery Family & Friends](#)

Other Support Groups



[Gam-Anon International \(for family members and gamblers\)](#)



[Co-Dependents Anonymous](#)



[Adult Children of Alcoholics/Dysfunctional Families](#)

Our Partners



ROCHESTER
REGIONAL HEALTH

Highland Hospital
Strong Memorial Hospital

Rochester General Hospital
Unity Hospital