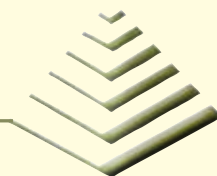




Helping people improve their quality of life through individualized and progressive community-based services.

## **LIBERTY RESOURCES**

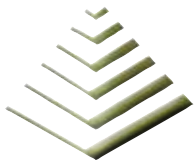
*Improving Lives, Building Futures*



- » Integrated Health Care
- » Community-Based Behavioral Health
- » Early Intervention/Preschool Special Education
- » Child/Youth/Family
- » Intellectual Disabilities

[www.liberty-resources.org](http://www.liberty-resources.org)

Founded on the principle of developing individualized community-based services, Liberty Resources employs more than 1,400 professional staff providing counseling, treatment, assistance, shelter, and support to nearly 16,000 individuals and families.



**Liberty Resources** has a proven record of successfully replicating services into other communities by working with our partners to address local needs. Our strategy is to continue to grow, both geographically and programmatically, but the underpinning of our original purpose remains the same today — high quality, community-based services for the people we serve. We pride ourselves on a collaborative approach to service development and integration of services across our spectrum of care.

## » Integrated Health Care

Liberty Resources utilizes internal integration of services across our entire delivery system of psychiatry, medical, behavioral health, and substance use services to provide better care and improve outcomes for clients. The key to our success is treating the “whole” patient—mind and body:

- Primary care medical services
- Chronic condition management
- Psychiatry
- Medication-assisted treatment
- Adult, child & adolescent, individual & family therapy
- School-based mental health services
- Substance use disorder services (residential & nonresidential)
- Wellness and nutrition programs

Our behavioral health professionals are trained in various modalities including: Dialectic Behavior Therapy (DBT), play therapy, Cognitive Behavioral Therapy (CBT), marriage and family counseling, and more.

## » Community-Based Behavioral Health

Liberty Resources provides a wide range of community-based and residential behavioral health services. Services are certified and licensed by various regulatory bodies and are approved

by Medicaid, Medicare, Veteran’s Administration, and private insurers. These programs include:

- Certified Peer Services
- Traumatic Brain Injury services
- Homeless housing for families, individuals, and veterans
- Home and Community Based Waiver case management
- Crisis respite, mobile crisis, and hospital diversion
- HIV/AIDS services
- Licensed Home Care services
- Tele-health/Tele-counseling

Our services are outcome based, using EBP (evidence-based practices). To meet each client’s needs, we draw upon our in-house expertise of psychiatry, mental health treatment, peer support services and certified substance use counselors.

## » Care Management

Liberty Resources has leveraged its expertise and demonstrated effectiveness in treating the highest-needs Medicaid patients—particularly those who have chronic medical conditions combined with a mental health diagnosis or substance use. This model of Health Homes care management includes a cross-functional team-based approach of nurses, social workers, public health workers, and professionals with other backgrounds to collaborate and develop care plans that take into account all of the factors that present challenges for people to live healthy lives.



## »» Early Intervention/Preschool Special Education

Liberty POST (Psychology, Physical, Occupational, Speech Therapy) program provides an interdisciplinary team approach to early childhood diagnostic evaluation and therapy for clients birth to 5 years old.

Liberty POST services include:

- Speech pathology
- Occupational therapy
- Special education
- Physical therapy
- Psychological services
- Nutritional services
- Music therapy
- Service coordination
- Toddler programs
- Family support

Specialty services include: feeding and swallowing, apraxia, motor coordination disorders, sensory processing disorders, assistive technology, parent/child groups, and private evaluation and assessments.

At Liberty POST, we work in-home or in group settings, daycares, and schools. Our staff represents an impressive network of highly qualified, reliable, and dedicated professionals in their fields.

## »» Child/Youth/Family Services

Liberty Resources is a recognized provider of evidence-based services for children, adolescents, and families. Linked with our robust behavioral health capacity, these services are customized to meet clients' needs. This integration recognizes the ecology of how the family resides within their particular community.

Our expertise include:

- Evidence-based services including Multi-Systemic Therapy (MST), Multidimensional Treatment Foster Care (MTFC)
- Therapeutic foster care alternatives for placement of youth
- Family reunification programs for step-down-to-family reunification
- Placement diversion programs for juvenile justice youth (PINS, FINS, probation)

- Independent living for foster care
- Domestic violence and crime victim services

Liberty Resources' culturally competent staff provides services across a broad spectrum of care. Liberty Resources has a sophisticated understanding of, and ability to develop evidence-based programs to targeted communities in concert with state and local policymakers.

Working with our contracting partners assures that measurable, outcome-driven metrics are tailored, monitored, and achieved. Our services are integrated with behavioral health services that Liberty Resources provides, such as psychiatry, substance use disorder services, and telepsychiatry.

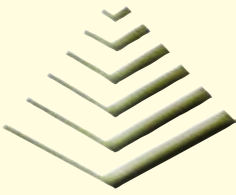
## »» Intellectual Disabilities Services

As a federally approved Medicaid Waiver provider, licensed by New York State, Liberty Resources prides itself in providing community-based services through a broad array of programming options that allow individuals to live in the least restrictive setting for adults, adolescents, and aging-out youth.

Our services include:

- Individual support services
- Self-directed service coordination
- Supportive living
- Community and day habilitation
- Vocational and supportive employment

Liberty Resources has more than 30 years of experience working with persons with intellectual and developmental disabilities. Liberty Resources service coordinators ensure that services are rendered via a service plan that is integrated with other care systems based on individual need. Integrated services can be individually selected or "bundled," based on each person's needs. We leverage our clinical understanding and organizational strength to integrate sub-specialties such as psychiatry and behavior management.



# LIBERTY RESOURCES

*Improving Lives, Building Futures*

**Through the years, Liberty Resources has continually diversified its services to meet the growing and changing needs of the communities it serves.**

**1979:** Liberty Resources is licensed by NYS Office of Mental Health to develop and operate the agency's first community residence for people with mental health needs. Over the next 10 years services are focused on mental health and adding domestic violence and youth prevention programs.

**1989:** With new executive leadership in place, the agency strategically expands its services and programs based on its ability to effectively meet community need. As a result of this new strategy, client services diversify and grow exponentially.

**1991:** Liberty Resources commences services to individuals with intellectual disabilities and is a key provider participating in the closure of a state run developmental center. Over 200 individuals begin receiving community-based services.

**1994:** The agency expands regionally and adds HIV services, including emergency and permanent housing as well as a social drop-in center.

**1995:** Liberty Resources expands regionally adding foster care services, independent living skill training, and preventative services to families and youth in multiple CNY counties.

**1997:** The agency relocates its headquarters to Syracuse to increase its presence throughout CNY, and establishes plans to expand into other regions across NYS.

**1999:** Liberty Resources is selected to lead a demonstration project in NYS for Multi-Systemic Therapy (MST) an evidence-based treatment program for youth in the juvenile justice system.

**2001:** Liberty Resources expands throughout CNY into nine counties and increases programming in all service sectors.

**2005:** Liberty Resources is designated network partner status by MST Inc. and initiates Multidimensional Treatment Foster Care (MTFC) in Florida.

**2007:** Liberty Resources acquires the Brownell Center for Behavioral Health. The center becomes the largest community-based outpatient mental health clinic in CNY.

**2008:** Liberty Resources expands Multi-Systemic Therapy (MST) services into Texas. Strategic alliances are established, intended to expand services into multiple communities.

**2009:** The Brownell Center relocates to a newly renovated state-of-the-art facility. Liberty grows to more than 600 dedicated professional employees, offers a capacity of 250 community-based beds.

**2010:** Liberty Resources assumes management of a regional traumatic brain injury center and in subsequent year is certified by NYS to provide licensed home care services to the traumatic brain injury population.

**2012:** Liberty Resources receives NYS approval to provide Early Intervention/Early Education services, and is licensed in OH, PA, and D.C. Texas services expand into SE and NE Texas. Early Intervention services expand into NYC and Hudson Valley.

**2014:** Liberty Resources acquires a Children's Mental Health Clinic in Rochester, NY.

**2015:** Liberty Resources Family Health Clinic begins providing primary care to clients. The agency develops and implements emergency crisis response and mobile crisis services regionally.

**2016:** Liberty Resources commences telepsychiatry and becomes licensed in Florida for provision of multiple services.

**All Liberty Resources services are designed to be readily replicated into other communities. For more information about Liberty Resources programs and services, visit: [www.liberty-resources.org](http://www.liberty-resources.org)**

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1045 James Street • Syracuse, NY 13203

Phone 315.425.1004 • Fax 315.479.7884